

Theresia Altrock

# Tinnitus Causes And Their Treatment

Information for Tinnitus Patients

Dr.med Theresia Altrock has been an active physician for 50 years. After working as a gynaecologist in Germany for 25 years, she wondered if there were ways to help her patients more, while reducing necessity for operations. So she started studying acupuncture and homeopathy.

Some time later, one of her patients lost her tinnitus while her cervical spine was being treated after an accident. Dr. Altrock grew interested in this field and more and more people came to ask her advice.

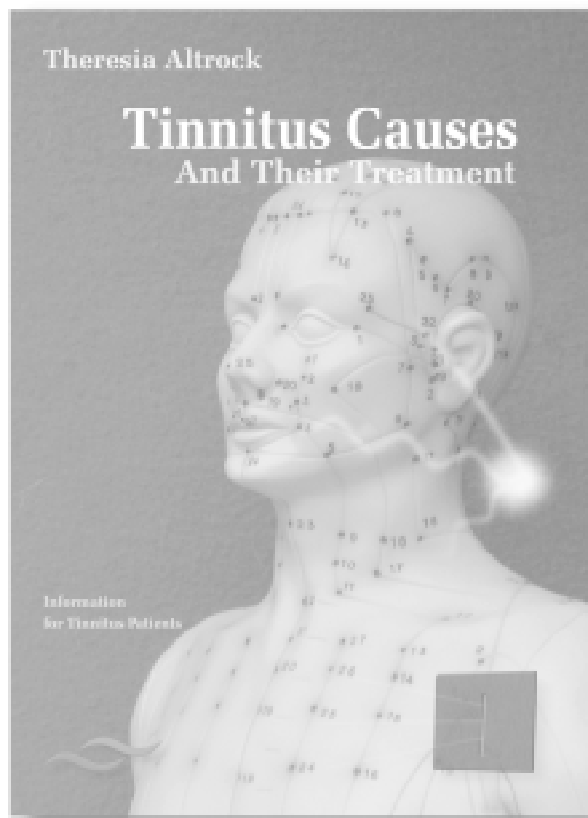
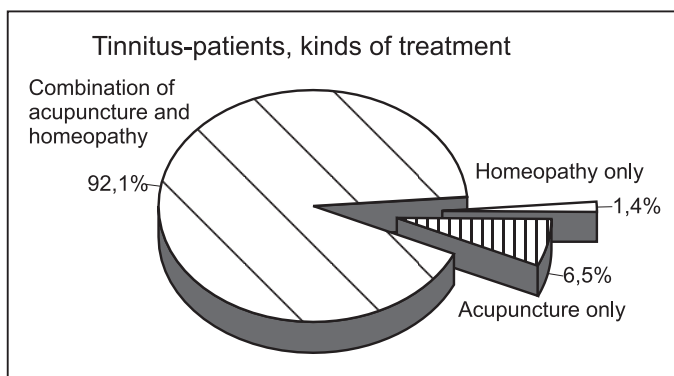
Now, after having treated about 1200 cases of tinnitus, she is sure most of them can be helped. She says: "Tinnitus is a cry for help of the immune system. With methods like homeopathy and acupuncture you can tell what part of the organism is in trouble and why. After removing the cause, the healing of tinnitus is possible in most cases."

After lecturing at the Tinnitus World Congress and at the World Congress on Being Hard of Hearing, a growing number of requests were made for Dr. Altrock's work to be translated into English.

This book is the first english edition of her work. It not only offers advice for sufferers of tinnitus but also for the physician. Theresia Altrock describes the most common causes for tinnitus and ways to treat them, based on her experience in traditional methods of holistic medicine. At the end of the book, she compiles a list of nine suggestions: What to do if a tinnitus endures in spite of conventional medical treatment.

Many years of experience have led her to the conviction: "Don't let anyone tell you there is no hope. They are wrong."

**Contents:** • Introduction • Basic anatomy and physiology • Causes of tinnitus • Holistic Treatment – Anamnesis (medical history) • Holistic Treatment – Diagnosis • Therapeutic Aspects – Conventional Therapy • Therapeutic Aspects – Holistic Therapy • 10 Case Studies • What can tinnitus-affected people do • The "Nine-Step-Program": 1. Allergies 2. The teeth 3. The spinal column 4. Ototoxic substances 5. Metabolism disorders 6. Scars 7. Sudden loss of hearing 8. Hormones 9. Circulatory disorders • Note • Final observations • Appendix • Index



**Techau Verlag, paperback, 80pp, illustrations, charts, diagrams, first English edition 2002, \$ 29,95**

www.techau.com  
E-mail: info@techau.com

### Distributed by

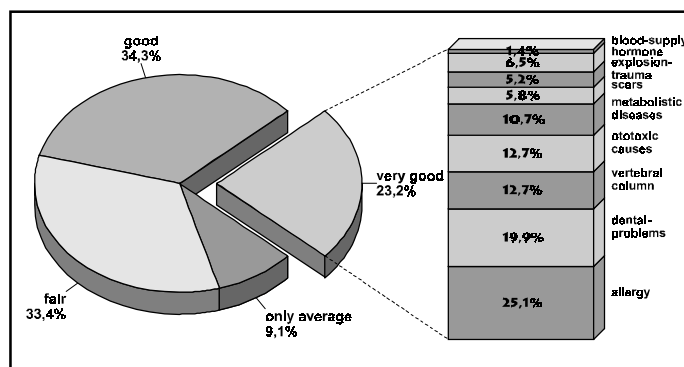
CHINA BOOKS  
234 Swanston Street,  
Melbourne, Victoria  
Australia 3000

Phone (03) 9663 8822  
Free-call (within Australia only): 1800 44 88 55

Fax (03) 9663 8821  
International Fax (613) 9663 8821

www.chinabooks.com.au

Also available through your local bookshop.



Results of tinnitus treatment (spreading into causes)

Source: Dr. Altrock

"Dr. Altrock's book is proving very popular with our members." (Australian Tinnitus Association)

"We added this book to our list of recommendations." (Prof. Dr. Koller, Austrian Tinnitus Association, Vice President of EUTI, European Federation of National Tinnitus Associations)